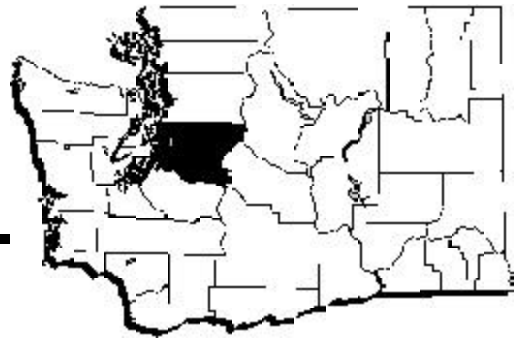


King County

WIC Facts 2003



% infants born
served by WIC
36.1%

WIC food dollar
contribution to
local economy
\$21,331,090

WIC foods purchased
1,388,792 gallons of milk
791,272 boxes of cereal
564,075 cartons of eggs



WIC serves

Total women and children served ----- 57,297
Infants and young children ----- 39,974
Pregnant, breastfeeding, and
postpartum women ----- 17,323

Diverse families

Caucasian ----- 36.2%
Hispanic ----- 23.2%
African American/Black ----- 18.7%
Asian/Pacific Islander ----- 16.1%
Native American/American Indian ----- 5.8%

Working families

Percent of WIC households with at least one
working family member ----- 65%

Families living in poverty

Percent of WIC households with income at or below
the federal poverty level¹ ----- 69%
(less than \$1,336 per month for a family of 3)

WIC attracts families to preventive health services

Over 288,950 times last year, WIC staff discussed health-related services with families and provided the information and support needed to access them successfully.

WIC agencies

Seattle Indian Health Board
Public Health - Seattle & King County
Country Doctor Community Clinic
Group Health Cooperative Medical Centers
Harborview Medical Center
Highline Community Hospital Midwifery Services
International Community Health Services - International District Clinic
Odessa Brown Children's Clinic
Puget Sound Neighborhood Health Centers - High Point
SeaMar Community Health Centers
Swedish Medical Center
University of Washington Medical Center
Mary Bridge Children's Hospital/MultiCare Health System

Statewide WIC Facts

- WIC served 48.2% of all infants born in Washington state
- WIC served 260,000 women and children
WIC provides nutritious foods, nutrition education, referrals and breastfeeding information.
- WIC contributed \$94.5 million to local economies
- WIC attracted families to preventive health services
In 2003, more than 19,400 calls to the Healthy Mothers, Healthy Babies statewide referral line were from families calling for WIC.² With this one call, they got help finding WIC and also received information about other preventive health services.
- WIC was a gateway to health-related services
Over 1.3 million times last year, WIC staff discussed these services with families and provided the information and support needed to access them successfully.
- WIC breastfeeding rate reached 83.2%³
Breastfeeding support and education are key parts of WIC because breastfed children have fewer infections and are less likely to develop chronic conditions like obesity and diabetes later in life.

¹Washington WIC Client Information Management System (CIMS), household income at or below 105% federal poverty level

²Healthy Mothers Healthy Babies Coalition of Washington State, Quarterly Report, 4th Quarter 2003

³"Mothers Survey, Ross Products Division, and Abbott Laboratories." © 2003 - Abbott Laboratories.